

Type of off-campus work authorization	Shared requirements	Major differing eligibility requirements	Authorization process	Length of time to authorize	Limit on hours/week	Other
Curricular Practical Training (CPT)	<p>Must complete one full academic year (fall and spring semester) of continuous full-time enrollment in non-immigrant status.</p> <p>*Must continue to maintain on-campus presence during the academic year (cannot work out-of-state).</p>	<p>Authorized by ISSS.</p> <p>Must be enrolled in an internship course that <i>could</i> count for credit towards degree or degree program requires training (documented in the University Catalog).</p> <p>Have an offer letter that meets the CPT Offer Letter Requirements.</p>	<p>Complete the <i>Curricular Practical Training (CPT) Request</i> e-form via MyISSS Portal.</p> <p>Your academic department and ISSS must sign off on the e-form.</p> <p>ISSS issues CPT authorization I-20.</p>	<p>Approximately 2 weeks.</p> <p>Must allow time for your academic department to sign off on the e-form and for ISSS to process.</p> <p>ISSS processing time is 2-5 business days; cannot expedite requests.</p>	<p>Part-time (PT) = 20 hours or less</p> <p>OR</p> <p>Full-time (FT) = over 20 hours</p> <p>Can have either PT or FT CPT during the academic year or summer.</p>	<p>Authorization dates tied to academic term.</p> <p>Cost: tuition if enrolled in internship course.</p> <p>Impacts on OPT: 12 months of FT CPT makes you ineligible for OPT.</p>
Pre-Completion Optional Practical Training (OPT)	<p>The training must relate to your major field of study.</p> <p>Must be authorized (either through receiving a CPT recommendation I-20 or Pre-completion OPT EAD) and be within your authorized period before you begin the training.</p>	<p>Authorized by both ISSS and USCIS.</p> <p>No internship course or degree program requirement needed.</p> <p>No offer letter required to apply.</p>	<p>Complete the <i>Pre-Completion OPT I-20 Request Form</i> (available in the Training/Employment -Related Forms section of the MyISSS Portal).</p> <p>ISSS issues pre-completion OPT recommendation I-20.</p> <p>Apply for OPT EAD through USCIS via the Form I-765.</p>	<p>Regular processing 2-3 months but varies +/-</p> <p>Can add premium processing (extra USCIS fee) for guaranteed adjudication in 30 business days or you will receive a refund of the premium processing fee.</p>	<p>Part-time (PT) = 20 hours or less</p> <p>OR</p> <p>Full-time (FT) = over 20 hours</p> <p>*PT only during Fall and Spring.</p> <p>FT allowed in summer.</p>	<p>Authorization dates are not tied to academic term.</p> <p>Cost: USCIS filing fee \$470, optional premium processing fee \$1,685.</p> <p>Impacts on OPT: Takes away from Post-completion OPT at full or half-time rate.</p>

* There are some exceptions for students that have completed all required coursework for their degree and are in thesis or dissertation stage. Please speak with an ISSS advisor to discuss further.